



THE MYSTIC LOTUS
ACADEMY

COLOURS of Auras



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Everything has an aura. With a little practise, many people can successfully see and read them.

Below, I've listed what the different colours of auras mean, but first you should learn how to read them.

When you begin, you may have a hard time seeing the colours. A lot of times, beginners will see pale colours such as white, yellow, and light blue. As time passes, and with practice, you will see that the colours seem to become brighter to you and easier to read. A little bit of patience can go a long way.

The purpose of colours-The colours are related to emotions and intellectual knowledge. Practice with them helps the mind to develop a focus on receiving information regarding ourselves / other people's feelings and emotions, as well as knowing facts and information about things. One's perception increases over time with continued practice.



Colours of Auras

and what they mean



Red

The colour of strength, strong passion and will. Dark red may symbolise one who has a quick temper and is nervous or impulsive. All red relates to nervous tendencies.



Orange

Colour of warmth, thoughtfulness, and creativity. The muddier shades may represent pride or vanity, while golden orange denotes self-control.



Yellow

Mental activity, optimism. It can mean new learning opportunities and wisdom. A golden yellow means that the person takes care of himself or herself. Ruddy yellow may mean that its owner is shy.



Green

Green is the colour of sympathy and calm. A person who has green in his or her aura may be very good at the healing arts and is very reliable. Dark shades of green can indicate one who is jealous or uncertain.



Blue

The colour of quiet and calm. Any blue in the aura is good to have, but deep blue is the best. One with deep blue in his or her aura shows a person who has found his or her work in life. Many are spiritual minded as well. Blue may sometimes represent a tendency to be moody and depressed.





Indigo and Violet

The colours of one who is seeking something in life. They represent an ability to handle affairs with worldliness and practicality. Dark shades may show that the person has obstacles to overcome and is feeling misunderstood.



Black

The colour of protection. May reflect a person who is hiding something. It may possibly indicate imbalances as well. Here are some other colours that may be seen within the aura.



Pink

This is the colour of love. It represents compassion, and possibly a love of art and beauty. Darker or muddier shades of pink may point to an individual who is immature.



White

Many times this is one of the first colours you will see in an aura. However, when it is a true and strong colour of the aura, it reflects purity and truth.



Brown

This could reflect a person who is very “earthy” and that a person is establishing new roots. However, if it is seen in the chakras, it may mean that a person’s energy is in some way being blocked.



It is also possible to see

Silver Lights or Twinkles

Seeing these in a persons' aura may mean that they are pregnant, or have been or may soon be. However, this is not always so. Seeing this may indicate a person who is allowing great creativity in their life

Black Spots

The presence of black spot in the aura may indicate that it is unbalanced in some areas. This may mean that the person has some negative habits that he or she should work on. Meditation helps reduce these spots, as does things like exercise and sunlight.



Gold

The colour of spiritual awakening and divine protection. It shows wisdom, generosity, and enlightenment. A golden aura often surrounds those who live with purpose and a higher sense of truth.

Silver

The colour of intuition, feminine energy, and abundance. It often appears around those with strong spiritual gifts and a natural ability to adapt and flow with life.

Gold and Purple

A powerful combination of enlightenment and spiritual mastery. It symbolises divine protection, higher wisdom, and awakening. This aura is often seen in advanced spiritual beings or those walking a path of deep inner transformation.





Silver and Blue

These colours together show intuition and calm communication. They indicate psychic insight joined with clear, gentle expression. Such an aura may belong to someone with strong clairvoyant abilities or heightened feminine energy.



Purple and Pink

These colours together blend spirituality and love. They reflect a mystical, deeply loving, and nurturing soul. Such a person gives and receives unconditional love and lives in alignment with a higher purpose.

Unlock the power of your Third Eye to perceive and interpret aura colours!

Learn this transformative technique to sense, see and understand the energies that surround you. Also, learn many more Third Eye techniques to heal yourself and others!

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