



I L  VE
KARMA
COMPLETION
WITH
THE DECREES

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- Thank You!! Enjoy completing your Karma and ascending using The Decrees!

FAQS (FREQUENTLY ASKED QUESTIONS)

★ What are The Decrees?

Decrees are cosmic commands, divine instructions and immediately answered prayers! They are the language of ascension, recalibrating the 3D mind, upgrading our DNA and clearing family, ancestral and past life karma IN ONE SHOT! They are a unique set of words, including one, two, three, four and five words.

The Decrees work by:

1. Clearing, shifting instantly
2. Manifesting lightness, relief and ease instantly
3. Immediately revealing the block. For instance, you may not feel worthy or safe to receive what you want when the block is revealed. Just say - unworthy, You Can Leave Now; unworth, You Can Leave Now; or <whatever shows up>, You Can Leave Now
4. Letting us know what action is to be taken next
5. Giving us messages, guidances, visions, dreams, intuitions into understanding our current situations better. It is not unusual to have visions of past lives or ancestral memories too
6. The Decrees work SIMULTANEOUSLY on the conscious, subconscious and unconscious mind AS WELL AS DNA and cellular memories that contain our karmic history
7. They bring in more light and in doing so displace and dislodge everything that is not light. Read below for more understanding on light
8. Enhancing psychic powers

Shifting into higher states of being and consciousness was never this easy!

★ What is the meaning of light?

Light and lightness (aware and awareness) are keys to completing karma and there is nothing faster, simpler and easier than The Decrees to get that lightness of being!

Light is:

- Awareness
- Positivity
- Knowledge
- Wisdom
- Happiness
- Joy
- Laughter
- Innocence
- Trust
- Faith
- Flexibility
- Blessings
- Safety
- Protection
- Brightness
- Rightness
- Truth
- Kindness
- Patience
- Relief
- Peace
- Beauty
- Colours
- Purity
- Non-violence
- Hope
- Ease
- Goodness
- Perfection
- Dharma and Oneness

ESP, telepathy, being in the flow, enhanced intuition, psychic powers of the clairs - clairaudience, clairvoyance, clairsentience and claircognizance - are all gifts of light.



★ What all do the Decrees work on?

Anything, Anytime, Anyone, Everyone, Anywhere, Everywhere! From babies crying in planes to flowers blooming to doors magically unlocking to finding lost objects to getting upgraded to business class to unexpected monies to releasing pain to feeling calm to feeling joyful to releasing the fear of dentists to improving relationships to getting jobs to not getting wet in the rain to getting money daily to getting shipments way before schedule to feeling confident to charge more to healing chronic projects in seconds and minutes to getting gifts from spouses for the first time to healing family and lineage lines to calming troubled horses and clearing paralysis for rabbits.

There is nothing The Decrees cannot take on!

They have also been used on fibromyalgia, adrenal fatigue, chakra balancing, clearing acidity, plantar fasciitis, PCOD, gout, IBS, insomnia, weight release, cravings, pain, fever, headaches, chronic projects, weakness, stress, negativities, cats, dogs, money, plants, relationships with mother, father, boss, friends, sister, brother, mother-in-law, peers, colleagues, studies, focus, delays, opportunities, clair-gifts, unworthiness, computer glitches, phone issues, electrical outages, entities.

The Decrees can be used on anything and anyone, everyone and everything, anytime, anywhere, even in your dreams!



★ Will The Decrees work even if I don't believe in them?

Yes! No believing is required, but awareness is so you know what is shifting, the message (there is always one) is heard and insights are acknowledged

★ Are results guaranteed?

Lol. Shifts are guaranteed!

Guaranteed results are in nobody's hands - they are a feedback from the universe. If you can receive the feedback as communication from the universe, you will find the joy of co-creating with the universe.

You do. The universe responds.

You adjust and do again.

The universe responds again.

Lo Behold - you are now in the flow!

As you may also have already noticed, what we expect or wait for never comes. It is either lesser or more than what we thought, so it is best to accept that there is a higher power watching over our results, let go of all expectations from The Decrees and keep an open mind.

Just RECEIVE RECEIVE RECEIVE!

★ At times, why does the reverse of the desire happen when we use The Decrees?

For eg. big bills when doing money work

To show us what is required. For eg. in this case, money flows follow the principle of duality. Demand and supply, give and get, inhale and exhale.

Higher bills when doing money work mean one half of you (the giving) needs to open up so the other half of you (the receiving) can get more. Fears, greed, control and obsessions often have the opposite results of what we ask for



★ Why should I drink lots of water?

How can I energise my water for greater results?

Water is life! It is BAE! Our energies are bio-electric-magnetic and electricity moves faster through water. Each individual cell communicates better with its neighbour when it is totally hydrated so messages of healing pass on faster too. In fact, we often feel thirsty in a healing process because the cells are sending messages that they are not being able to transfer the healing frequencies/words quickly. Should you feel drained or exhausted, it is another sign that there isn't enough hydration Drink up Turbo Charged water, peoples!

TURBO CHARGED RICH WATER

(High vibration H₂O)



- 1. Take a glass/bottle of water.**
- 2. In the mouth say YES, I am Healthier and Wealthier NOW x 3 times.**
- 3. Against the side of the glass/ bottle repeat the sentence x 3 times.**
- 4. Swirl. Drink!**
- 5. Can be done while pouring too**

The water will feel cooler, taste sweeter and in day, it's texture will also change.

(Note - The words are immediately memorised by the water and absorbed by our cells on drinking. It is recommended to keep this water out on full moon)

NBK©



★ I am having strange reactions as I say, read and think The Decrees

This is AWESOME!! It means energies are shifting and moving. When we have chronic stress or deep suppressed anger, numbness in the body or we get fixated on a certain result, we get negative, stuck and blocked.

The Decrees bring you into harmony by releasing these negativities, stuckness and blocks. Some normal signs of shifts are:

- ~ Sudden sense of disbelief
- ~ Shock
- ~ Breath deepening
- ~ Unexpected releases in shoulder, back, chest, stomach (like something opening)
- ~ Yawn
- ~ Burp
- ~ Coughing
- ~ Sneezing
- ~ Thirsty
- ~ Head feeling funny
- ~ Drowsiness (you must rest)
- ~ Eyes blurring for a few seconds
- ~ Seeing brighter and better
- ~ Pain gone (or feeling more diffused)
- ~ Pain moves to another part
- ~ The symptoms become worse (at least they are not stuck anymore!)
- ~ Burst of clarity
- ~ Burst of energy
- ~ Heaviness becomes light
- ~ Wake up feeling refreshed and energised
- ~ Wake up feeling unwell, tired, feverish - (hydrate, take TLC and rest.
Miss a day of work, it is ok)
- ~ Feeling amazing and light
- ~ Smiling more :)
- ~ Responding instead of reacting
- ~ Relationships getting better
- ~ Saliva buildup (Spit it out)

The symptoms usually pass in seconds or minutes. If we have been living in low vibrations for a long time (like, years) then our behaviours (the heaviest energy) are affected and the detox reaction will be stronger and last longer. Be gentle and kind to you. Stay hydrated.



★ **Also watch out for Money messages from the universe**

1. Unexpected monies
2. Savings. Like when we get a discount or special offer
3. Gifts
4. Treats like when someone takes us out
5. Compliments, praise (as they raise our vibrations)
6. Bonuses
7. Payments coming in earlier
8. Tax refunds
9. Dividend declarations out of the blue
10. Finding money unexpectedly in paths, drawers, pants
11. Shares and stocks rising
12. Opportunities
13. Dreams, messages, insights and inspired action towards making and getting more monies
14. Unexpectedly bumping into old friends
15. Old stuck money showing up

Often, images and signs can also show up first to let us know monies are on their way to us. They are:

Roses

Rainbows

Dolphins

Squirrels

Peacock

Cranes

Grasshopper

Wolf

Four leaf clover

There are many ways a shift can show up.
Keep your awareness open!



★ **Some reasons we may not sense the shift: (Keyword being 'sense')**

1. A previous expectation of how the shift should be i.e. focussed on the results instead of the shift taking place. Rome was not built in a day!
2. Chronic numbness and disconnection with the body. This happens with unresolved trauma where it is safer to be in the head than the body i.e. fear feeling what you feel
3. Giving The Decrees while doing something else (ultimately we can multitask but not at the start)
4. Tired, exhausted, sleepy when starting
5. Ran thro the repetitions like a job to be done. Say them in normal voice in normal speed!
6. Wanting to get rid of something. This is the opposite intention of healing and indicates judgement, fear, even panic
6. The story needs to be expressed and heard. Work with a therapist or counsellor, write and burn but begin getting it out of your system

The Decrees always work! Our awareness may take time to know the shift but The Decrees will be working anyway!

There is NO exception to the rule 🎁🎁🎁



★ Is there anything else I should keep in mind?

The 3 Golden Principles of Life -

1. God helps those who help themselves

Take the action you need to take instead of waiting for someone else to do it for you

2. As within, so without

This is the law of attraction from the Bible. We cannot attract good, positive results when we are internally stressed, unwell or negative

3. All action has a limited result unique to you

Consistency gets the gold! Just as we cannot expect greatness by going to the gym once, all constructive actions need to continuously be redone and re-emphasised. By the way, this is quickest with The Decrees - there's nothing faster!!



#1 Working with The Decrees - how to begin



ALWAYS begin where YOU are!

The two key words are Always and You!

Whether you want to shed weight, cure cancer, get money, change someone (even your child), the healing journey begins with YOU

How do you feel about your problem/someone else's problem?

Use 'You Can Leave Now' to clear that - You will be amazed at how others are also healing around you



On one call, N's child was unwell. All we did was clear N's worry and helplessness. Her child got 90% better while she was on the call itself! You are more powerful than you realise!

Chances are whatever you are dealing with, you are stressed.

stress is a low and negative vibration - how can you get high vibration and positive results or even expect to? Then every beggar would be rich, no?! (That is also why part of your training is to listen to the stress-buster MP3 Everyday -

<https://instantteleseminar.com/Events/125587128>)

Where are you right now?

Check in with your thoughts, feelings and body.

If there is pain, begin there first. Catch our bonus call replay to learn how to - <https://youtu.be/p67waDPwujY>

If you don't know, use the word stress to clear! Or do the practice being posted for poverty Consciousness, You Can Leave Now!

Where are you right now?

Standing, sitting, lying down, showering, on the pot, in the gym - Try it in all poses and positions! You will love the various shifts taking place in different places!

Where are you right now?

You have just started to learn a completely new and different way of working. Take your time and go thro this PDF a number of times

Where are you right now?

Have water and Begin there with 'You Can Leave Now!' and see how your day changes! 🌈🌹💙🌱



★ **How many times a day must we say a particular decree?**

1. 10 is a good standard to begin with 🌸
2. Your birthday number (if you were born on 23rd, it would be 23) is another good standard 🌸
3. The day's date is another way to do it 🌸
4. Any number that comes to you intuitively or when the first sigh/relief comes 🌸

Use it as you please! The Decrees are very flexible - Only the order of the words are to be exactly as mentioned 🌸

★ **Can the decrees be used to cure cancer / diabetes / thyroid issues / asthma, etc.?**

Yes, absolutely but not if you are not a specialist in the issue. If you don't know how to play the violin, using The Decrees won't make you a violin player BUT they will guide you to a good violin teacher and great deals on violins



★ Are The Decrees a new language

The Decrees are in English and can be adapted to any language you wish! They do have a grammar of their own:

negatives are written in small, even at the start of a sentence

We don't have full stops

! adds light so we use them almost everywhere at the end

The Decree is usually in capitals but longer ones like You Can Leave Now! are written with first letter cap

Most one or two word Decrees are written in caps

So far only one Decree has a comma (coming up in September)

There are no questions in The Decrees, even with Decrees that sound that way



Karma in a nutshell (and why The Decrees are the fastest Karma completers)

Karma is very simply
action = consequences

Actions include desire, intention, thoughts, feelings and behaviours

Negative action = negative consequences

Positive action = positive consequences

i.e Karma is the maintenance of the cosmic order of balance and justice

Bad begets bad

Good begets good

That is why Karma is the law of attraction!

We cannot be angry, stressed or exhausted and then wonder why money or love is not showing up!

2. Actions and consequences take place from our first life as human beings (animals and plants do not have Karmic consequences) and so Karma is not just about this life

3. All actions are limited (cannot keep running or eating forever) and so consequences are also limited.

We cannot do one good thing and keep getting rewarded for it our whole life
i.e. Karma completes

So we must repeat/practice what is working well for us and stop what is not
(take the relevant action to receive the relevant result)

4. The 4s of negative action/Karma are stress, struggle, stuckness and suffering



...

Positive and good Karma makes us feel light, good, open, confident. It does not mean bad things won't happen. It means we feel capable, competent, trusting and supported thro the challenging tines

5. New action = new consequences = new Karma

But how does one take New action?! And that too easily?

All action is learnt.

Ergo, All new action comes from a new learning

We cannot attend only kindergarten and become professors!

We learnt more, we grew more, we did more, is that not so?

Applying the same principle,

We learn more, we grow more, we do more!

New learning = New action = Karma completion (old action with old consequences is over)

And that is why Karma is about the learning and unlearning in the situation BEFORE ANYTHING ELSE!

You are not being punished, you are being asked to look at what you can learn from this and take new action

6. The simplest way is to clear, clean, process the negative desire, intention, thought, feeling, behaviour - The message and learning of the behaviour will automatically happen!

When it happens automatically, we are able to sustain it. When we force it, we cannot sustain it

The fastest way to do so is by using Word Medicine aka The Decrees!

Ready? 😊🚀💎🎁



Thank You!!

Enjoy completing your Karma
and ascending using
The Decrees!

Stay connected...



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